

The Post 'n' Trot



Rein & Shine's Quarterly Newsletter



Spring 2010

www.reinandshine.org

Awendaw, SC

**DON'T MISS THE
FIRST ANNUAL R&S
"SPRING WING DING"
May 1, 4pm to 9pm**

Featuring music from

THE PLAINFIELD PROJECT

Voted by City Paper Readers as Best Band 2007-2009. Doug Jones of Cravin' Melon will also provide entertainment (along with other local favorites) Come join us for wings, beer, kid-friendly refreshments and a fantastic evening of music under the stars! Ticket

Prices are

\$25 for Adults, \$10 for Children.

Unbeatable Music, Fabulous Food, Beer, Wine, Sodas, Fun for the Whole Family!

Inflatable Slide for the kids.

Calling all ADULT cowboys and cowgirls to ride the Mechanical Bull!



The Plainfield Project, From Left to Right: Matt Thompson, Bass Guitar, Carter West, Lead Guitar, Ben Fagan, Vocals, Ross Bogan, Keys, Daniel Shahid, Drums.

**1st Annual Susan Mincey
Horse Show and Fundraiser for
R&S at Oakfield Farm Equestrian
Center**

www.oakfieldfarmequestrian.com

Tremendous thanks to Kristi Harris, owner of Oakfield, and her parents, Sandra and Howard Rambo, as all proceeds will be donated to benefit the students of Rein & Shine. For more information about this event, please contact Kristi Harris at (843) 336-7433 or e-mail ccuthbert@reinandshine.org.

Rein & Shine's mission is...

To create and sustain an equine therapy facility, where people with disabilities of all kinds can learn, grow, and heal.

Letter from our Board Chairman Noah Leask

Dear Friends and Families of Rein and Shine,

I am humbled and honored to be voted Rein and Shine's Chairman of the Board for 2010, and I eagerly accept the challenge to continue the excellent work started by those who have gone before me. This is Rein and Shine's 9th year of providing students of all ages with an exceptional place to learn, grow, and heal. We are very proud that we can support students of all ages and backgrounds, in large part due to our scholarship program which allows us to serve students that may not otherwise be able to afford this critical equine therapy. Many of you have been among the countless volunteers, sponsors, and donors that have made Rein and Shine a shining star in our special needs community.

During my years with Rein and Shine, I have witnessed many positive changes to our program. These changes have allowed us to reach more students and their families, and to have a positive impact on their lives. One of our recent changes is the naming of our new Executive Director, Mackie Moore. Mackie comes to us with a background in leadership, top-level management, as well as a love for our students, program focus, and horses. Welcome Mackie! She has quickly and expertly assembled a professional and dedicated staff and group of volunteers who are already meeting the needs of 2010 and beyond. The work they do is critical to ensuring that each student realizes their full potential. We are eternally grateful for their support!

Our board members and staff are committed to building on our past successes to provide an even brighter future for students of all ages. We are focused on building the right strategic plan for long term sustainability, maturing and improving the organization, increasing the scholarship program, and expanding our capacity in order to serve even more students.

Please join us in making a difference in our special needs community by supporting Rein and Shine. Our organization is nearly 100% volunteer and donation driven. We are always seeking the help of additional volunteers and welcome financial or equipment and supply donations. I encourage you to visit Rein and Shine, volunteer, attend our events, sponsor, or make a donation by calling 843-849-0964. By working together as community, Rein and Shine will continue to provide an outstanding equine assisted therapy facility, where people with disabilities of all kinds can learn, grow, and heal for many years to come!

Sincerely,

Noah T. Leask

Rein & Shine

"Fun in the Sun"

Summer Camps

5220 Bedaw Farm Drive

Awendaw, SC 29429

June 14-18

June 21-25

July 12-16

July 19-23

All camps are 9am -1pm,

M-F

Ages 6 & Up

\$225

Discounts avail. For
siblings

Birthday Parties

CELEBRATE WITH US!

Rates are \$200 for 10 children. Additional party guests are \$10 each with a maximum of 20 children.

Rates include pony rides and use of facility.

HAPPY BIRTHDAY!



R&S Board of Directors

Chairman	Noah Leask
Secretary	Susan Mincey
Treasurer	Helen "Cokie" Berenyi
Members	Mark Sloat
	Courtenay Cone
	Susan Shalala
	Jennifer Hoffman
	Laura Mateo
	Colleen Rose

Rein & Shine Staff

Executive Director	Mackie Moore
Barn Manager	Birgit Bordelon
Admin. Director	Catherine Cuthbert
Volunteer Coordinator	Catherine Cuthbert
Therapeutic Instructor	Amanda Addy
Horsemanship Instructor	Birgit Bordelon

Rein & Shine is a North American Riding for the Handicapped Premiere Accredited Center.

All therapeutic instructors at Rein and Shine are NARHA certified.

Letter from our Executive Director Mackie Moore

Sometimes dreams do come true. More than two years ago, I drove by the entrance of Rein and Shine, on the way to my daughters' riding lessons at a nearby farm. I saw the bright blue and yellow sign and said to my girls, "I would love to work at Rein and Shine one day!" Last November, I received a call from one of the board members asking if I knew of anyone who might be a good fit as Executive Director of Rein and Shine. As a matter of fact, I knew the perfect person, ME!

I can't remember a time when I was not passionate about horses. I began riding at age four, on the beach at Sullivan's Island (yes, back then, many Charleston folks summered their horses on the local islands). Soon after, I started taking lessons, and have been involved with horses ever since. I have broken and trained race horses, survived many a fox hunt, shown hunter/jumper on the "A" circuit, taught riding, and been a devoted "pony mom" to my daughters, Sophie and Chase. And now I am the director of Rein and Shine, and I love every moment of it!

I often marvel at the fact that I *get* to go to work everyday for the sole purpose of helping others in our community. I love that my office is in a barn, that many of my employees are horses, and that I can look out of my window and see miracles at work. I feel proud that my girls see the importance in what I am doing, and that they want to spend their free time helping out around the barn. I am thankful that my husband Charlie is so incredibly supportive. I am amazed by the kind hearts of our volunteers and overwhelmed by the dedication of our instructors and staff. I believe that most things in life are "meant to be," and I feel fortunate that this journey is meant for me.

"When I bestride him, I soar, I am a hawk. He trots the air, the earth sings when he touches it." WS



Rein & Shine's Latest Greatest



"Raldiene" (a.k.a. Deenee)



"Squealet" the Argentinean Pig

To learn more about becoming a feed
shift volunteer, contact

Volunteer Coordinator,

Catherine Cuthbert at (843) 849-0964

or email ccuthbert@reinandshine.org

Rein and Shine would like to introduce you to the newest members of our equine family. Shonaugh (pronounced Show-nah) was our first new arrival and she joined us in early November. Shonaugh, meaning "gift from God" is a wonderful 13.2 dapple gray Connemara pony who hails from Ireland. Shonaugh is active in both the therapeutic and horsemanship programs. And I'll tell you a little secret about Shonaugh that very few people know (until now). Her best friend is a pig! She loves to stand at the fence which divides her paddock from Squealet's palatial mud pit and visit with her new found swine girlfriend. The good news is that Squealet loves the attention and is happy to share her lazy days with her much larger dapple grey gal pal. Perhaps we have a sequel to "Charlotte's Web" in the making!

At the beginning of December, two more arrivals blessed our farm. Raldiene (a.k.a. Deenee), a Norwegian fjord, and Roger Rabbit, a quarter/warm blood cross, arrived dressed to impress, with a freshly manicured clip. Raldiene is 13 years old and was imported from Holland for her blood lines. She is so well adjusted, that after day two on the farm and during a tornado watch, we put her through the therapy horse paces and she passed with flying colors! She is about 13 hands tall and 14 hands wide! If you've never seen a Norwegian Fjord, you must come pay Deenee a visit. Roger refused to be outdone by his buddy Deenee and is now a working man, teaching both therapeutic and horsemanship students a thing or two about how to ride a horse. Roger is gorgeous! He's a ladies man! All of the mares at the barn (human and equine) are in love with him. What's not to love about a 9 year old 16.2 hh gray that moves like he's floating on air!

Two of our most exotic new family members arrived just before Christmas, a pair of miniature burros, so darn cute they stole all our hearts! Both three years old, Starry is a gray and Spores, a.k.a. "Sporty," is a brown. And talk about characters, these two are so mischievous and entertaining, they ought to have their own sitcom. Move over "Mr. Ed!" I looked out of my office window last week and saw that Starry had the handle of a big blue bucket between her teeth and was swinging it back and forth, parading it around the pasture and taunting Sporty with her new toy. The result...a hearty game of tug-a-war! We are so happy to welcome our new family members.

"For one to fly, one needs only to take the reins."

M. James

Volunteer Spotlight On Pam Hawver

One of the mantras here at Rein and Shine is "Our program wouldn't be successful without the help of our volunteers." How true! We have volunteers for everything from feeding the animals morning and evening to leading horses for therapeutic riding instruction. And then there is Pam Hawver. Pam not only feeds and leads horses, she cleans stalls, drags the fields, assists the Ferrier, helps with office work, grooms and exercises the ponies, and lends a hand wherever necessary. The most amazing part is that she does it all with a warm smile that lights up the barn. The horses love her, the students love her, and the staff members not only love her but also depend on her to keep Rein and Shine the kind of place where everyone feels welcome and included...part of the "family."

Pam grew up in Mt. Pleasant and started riding at Wando Stables on Whipple Road. Over the years, she competed (and won plenty) in horseshows and was quite involved in 4-H. She actually recalls riding her horse thru the Burger King drive thru on Coleman Blvd!

As a young adult, Pam gave up horses in lieu of marriage and children. For thirty years, she denied her passion for horses, until a friend told her about Rein and Shine. And to quote my friend Pam, "I've been here ever since." We are blessed and grateful to have her. We love you, Pam! And we thank you for everything you do!

"You took me to adventure and to love. We have shared great joy and great sorrow. And now I stand at the gate watching you run in an ecstasy of freedom, knowing you will return to stand quietly, loyally, beside me."

Pam Brown



Our dedicated volunteer Pam

For more information about volunteering with R&S Contact our Volunteer Coordinator Catherine Cuthbert at (843) 849-0964 or ccuthbert@reinandshine.org

TOP 10 REASONS WE LOVE OUR VOLUNTEERS

10. They are eager to learn.
9. They come when it's 30° or when it's 100°.
8. They don't mind getting dirty.
7. They bring their friends and family to volunteer.
6. They tell everyone they know about Rein and Shine.
5. They are always willing to lend a helping hand.
4. They read all of our e-mails.
3. They love our horses as much as we do.
2. They love our riders as much as we do!
1. They make Rein and Shine possible!

Gifting Prices

Rein and Shine has been providing horse back riding as therapy to children and adults with disabilities since 2001. This year, give a truly meaningful and unique gift for holidays, birthdays, or “just because” by purchasing therapeutic riding lessons or “Wish List” items, in honor of your loved ones. The recipient will receive a card in the mail with information about therapeutic riding and a description of the item donated in his/her honor.

For more information contact ccuthbert@reinandshine.org

or Call (843)849-0964

For more information about Rein and Shine please visit us online at www.reinandshine.org

Available Gifts

One therapeutic riding lesson for a disabled student \$45

One month of riding lessons for a disabled student- \$180

One semester of therapeutic riding lessons for a disabled student- \$1000

A bag of feed for a therapy horse- \$25

One week of horse care- \$75

One month of horse care- \$300

A full year of horse care- \$3500

Rein and Shine



Big Red Barn